

IDD Resource List

(Annotated from Resource List Compiled by Alliance Behavioral Healthcare)

General Resources

Alliance Behavioral Healthcare—24 hour Access & Info Ctr. 1-800-510-9132 www.alliancebhc.org
Arc of the Triangle (Merge of Durham, Orange, Wake) <http://www.arctriangle.org>
Arts Access—Making the Arts Accessible to People with Disabilities <http://artsaccessinc.org/> Autism
Society of NC <http://autismsociety-nc.org/>
Autism Speaks <https://www.autismspeaks.org/> safety products and related information/resources
Autism local resources <https://sites.google.com/site/localresourcesandservices/home>
Benefit Bank of NC <http://www.thebenefitbank.org/northcarolina> Brain Injury
Association of NC <http://www.bianc.net/>
Bridge 2 Sports <http://www.bridge2sports.org/>
Carolina Institute of Developmental Disabilities (CIDD) <http://www.cidd.unc.edu/services/clinical/>
Carolina Parent <http://www.carolinaparent.com/CP/Special-Needs/> magazine and online resource
Cerebral Palsy Guide <https://www.cerebralpalsyguide.com/>
Child Development Services Administration (CDSA/Infant Toddler Program)
<http://www.bearly.nc.gov/>
Childcare Services Association <http://www.childcareservices.org/>
Exceptional Children's Assistance Center <http://www.ecac-parentcenter.org/>
Family Support Program <http://fsp.unc.edu/referral> First in
Families of NC <http://www.fifnc.org>
Medicare <https://www.medicare.gov/>
My Imagiville www.myimagiville.com autism awareness, animated books and items
National Disability Institute <http://www.realeconomicimpact.org/> Disability related/economic resources
NC Assistive Technology Program <http://www.ncatp.org/>
NC Department of Public Instruction/EC Division <http://ec.ncpublicschools.gov/>
NC Medicaid <http://www.ncdhhs.gov/dma/medicaid/>
NC Project Lifesaver (alert system connected to law enforcement) <http://www.ncpltaskforce.org/> Social
Security Administration (disability) www.ssa.gov (888) 759-3908 (local), (800) 772-1213 (national)
Special Olympics of NC <http://sonc.net/>
TEACCH/UNC (Autism) (919) 966-5156 <http://teacch.com>
Triangle Downs Syndrome Network <http://www.triangledownsyndrome.org/>
Triangle Rock Club <http://trianglerockclub.com/> locations for climbing/sensory
UNC Autism Registry for research and support www.cidd.unc.edu.registry United Healthcare
Foundation (child medical grant) <http://www.uhccf.org/>
Vision USA free exams <http://www.aoafoundation.org/vision-usa/>
Vocational Rehabilitation (employment assistance) <http://www.ncdhhs.gov/dvrs/>
Waiver.org <http://medicaidwaiver.org/index.html> information regarding waivers in all states
[Low Vision Internet Gateway](#)
[Managing Sensory Processing Issues At Home](#)
[Cleaner Indoor Air & Chemical Sensitivities](#)
[Disabled Home Modification Checklists and Funding](#)
[Home Modifications and Selling Your Home](#)
[Special Needs Safety Around Construction Sites](#)
[Renters' Rights for People with Disabilities](#)
[Moving for Seniors and People with Disabilities](#)
[Guide to Finding Credible Medical Advice](#)

IDD Resource List

Johnston County

Arc of Johnston County (919) 912-2111,
<http://www.johnstonnc.com/health2/CommResources2.cfm?AgencyID=1>
Autism Now/Johnston County <http://autismnow.org/local/the-arc-of-johnston-county/>
CAP-DA (Disabled Adults) Johnston County DSS (919) 989-5300
CAP-C (Children) RHA Howell (919) 830-2960 or Home Care of Wilson Med Center (252) 309-8228
Family Support Network of Eastern NC www.fsnenc.org Greenville (252) 847-5120

Johnston Community College <http://www.johnstoncc.edu/> Johnston
County DSS/Social Services (919) 989-5300
Parks and Recreation <http://www.johnstonnc.com/index.cfm> Special
Olympics <http://sonc.net/johnston/> Vocational
Rehabilitation (919) 934-0525

Cumberland County

Arc of Cumberland (910) 867-2141
CAP-C (Children) Cape Fear Valley Health System (910) 484-4297 CAP-DA
(Disabled Adults) Cape Fear Valley Health System (910) 484-4297
Cumberland County DSS/Social Services (910) 323-1540
Fayetteville Technical Community College (910) 678-8400, <http://www.faytechcc.edu/>
GCF Family Support Services (910) 568-5503 www.gcffamilysupportservices.org Gilmore Therapeutic
Center (910) 433-1000, 1600 Purdue Drive, Fayetteville
http://www.fcpr.us/therapeutic_recreation/gilmore_therapeutic_center.aspx
Hope Thru Horses— therapeutic riding program— <http://www.hope-thru-horses.com> – Fayetteville
Parks and Recreation <http://www.fcpr.us/>
Project Lifesaver—Cumberland <https://www.plsdatabase.org/agencies/index.php>
Special Olympics <http://sonc.net/cumberland/>
Vocational Rehabilitation/Fayetteville (910) 486-1101

Durham County

Arc of the Triangle-Durham (social events, family support) <http://www.arctriangle.org> (919) 493-8141
CAP-C (Children) “Woody’s Mom” (919) 228-2844 or RHA Howell (919) 830-2960
CAP-DA (Disabled Adults) Durham County DSS (919) 560-8349
Durham County DSS/Social Services (919) 560-8600
Durham Network of Care (resource database) <http://durham.nc.networkofcare.org/mh/>
Durham Technical College <http://www.durhamtech.edu/> (919) 536-7200
Duke Divinity Friendship House (shared living) <http://www.friendshiphousedurham.com/> Embrace-
Autism social groups, support and therapies www.embraceautismnow.com
GCF Family Support Services www.gcffamilysupportservices.org (919) 667-1067
LATCH <http://sites.duke.edu/latch/> Local Access to Community Healthcare—uninsured assistance
PACE (55+) www.seniorcommunitycarenc.org Kimberley Ladue, (919) 425-3040
Parks and Recreation <http://durhamnc.gov/ich/op/prd/Pages/Home.aspx> (919) 560-4355

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Reality Ministries <http://www.realityministriesinc.org/> (919) 688-7776
Special Olympics <http://sonc.net/durham/> (919) 560-1301 Vocational
Rehabilitation/Durham (919) 560-6810
Family Support Network/Durham <http://www.gcffamilysupportservices.org/durham-county/> (919)
6671067

Wake County

Able to Serve (First Baptist Church) private day program in Garner for adults with IDD 919-616-8292
Arc of the Triangle—Wake <http://www.arctrangle.org> (919) 832-2660 Community
Connections-matching volunteers with teens and adults
Family Fun Night- Children 12 and under, one night quarterly at Marbles Kids Museum

M and M Singers- Choirs for persons with Developmental Disabilities
People We Are- Self Advocacy/Peer Support
Project SEE- contact Susan Swearingen
Supported Retirement- contact Michelle Foy
Teens to Adulthood (supports and seminars) Second Saturday of each month – provides info
about transition

Autism Society of Wake County. <http://wakecountyautismsociety.org/>
CAP-C (Children) “Woody’s Mom” (919) 228-2844 or RHA (919) 803-2960 CAP-DA
(Disabled Adults) Resources for Seniors (919) 872-7933
Center for Volunteer Caregiving <http://www.volunteercaregiving.org/FAQ.html>
“Communitas”—a Wake county based social community for special needs www.CommunitasNC.org
Gateway Clubhouse (TBI) www.gatewayclubhouse.org (919) 662-0940
Kayla Duncan, community guide for Community Partnerships. kduncan@communitypartnerships.org.
Community Workforce Solutions. www.communityworkforcesolutions.com
Easter Seals of NC and Virginia. www.easterseals.com
GCF Family Support Services www.gcffamilysupportserices.org (919) 281-9257 or 662-4600 ext. 257
Gigi’s Playhouse Down Syndrome Achievement Center <http://gigisplayhouse.org/raleigh>
Going Full Circle—private Thrift store/vocational support in Fuguay Varina www.GFCircle.org
HandMeUps—provides employment opportunities for individuals with autism and other intellectual
disabilities. 919-876-5750. Raleigh. www.handmeupsthrift.org
Homeless Resource Guide <http://www.wakehrg.com/>
Horses for Hope—therapeutic riding program – <http://horsesforhope.org> – Raleigh iAspire
www.iaspireofnc.org (919) 244-5863
Lindley College http://lindleycollege.com/?page_id=2316 day program for high school graduates
Next Step www.IDDNextStep.org social groups, community transition resources and family support
Oak City Soccer (for kids 2-10 with autism or sensory processing) <http://www.oakcitysoccer.net/>
Pathways for People, www.pathwaysforpeople.org, day program for adults.
PACE (55+ program) www.seniorcommunitycarenc.org Kimberley Ladue (919) 425-3040
Parks and Rec <http://www.wakegov.com/parks/Pages/default.aspx> (919) 856-6677 Parks and
Recreation – specialized recreation and inclusion
<http://www.raleighnc.gov/parks/content/PRecRecreation/articles/SRSProgram.html>
Project Lifesaver-Wake <http://www..com/sheriff/services/Pages/lifesaver.aspx> 919) 856-6495
Residential Support Services of Wake County, www.rsswake.org. 919-787-1214
Special Olympics <http://sonc.net/wake/> (919) 996-2111

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Transitions Day Program. See A Small Miracle. <http://www.asmallmiraclellc.com/>
Triangle Rock Club <http://www.trianglerockclub.com/> Morrisville and N. Raleigh locations
Vocational Rehabilitation/Raleigh (919) 733-7807 Wake Connections (Early Childhood Support Programs) <http://www.wakesmartstart.org/wakeconnections/partner-programs/> Wake County
DSS/Social Services (919) 212-7000
Wake Technical College (919) 866-5000 <http://www.waketech.edu>
3 Irish Jewels Farm – planned residential farm community. www.3irishjewelsfarm.org

Medicaid Transportation/Transportation Services

Cumberland

Cumberland County DSS/Social Services (910) 323-1540 or (910) 677-2531

(Available to Medicaid recipients for medical appointments)

Alms House, Inc. (910) 425-0902, serving Hope Mills and southern Cumberland County

Good Samaritan Cars (910) 483-7641

Some Senior Resources on Transportation and Information Line (910) 321-2888

Durham

Durham County Department of Social Services (919) 560-8000

DATA ACCESS (919) 560-1551

Tickets can be purchase in person or by mail: 1011 Fay Street, Durham, NC 27704

ACCESS Fares: Cash Fare: \$2.00 one-way / Ticket book: 10 tickets \$17.00 / Taxi Cab Coupons: \$25.00 (\$51.00 value)

Johnston

JCATS Human Services Transportation provides a variety of transportation services including medical trips in county and to destinations out of county, workplace and job training, senior centers, child care centers, social services, public hearings and dental care. Agencies must be contacted directly to apply for human service transportation. In some cases, there may be a fee to cover the cost. If you receive Medicaid contact Johnston County DSS at (919) 202-5873

If you are 60+ contact Community and Senior Services at (919) 934-6066

Contracting Agencies:

Johnston County Community and Senior Services (919) 934-6066

Johnston County Mental Health (919) 989-5550

Johnston County Social Services (919) 202-5873 or (919) 989-5300

Johnston County Industries (919) 743-8700

NC Department of Vocational Rehabilitation (919) 934-0525

Medicaid Transportation/Transportation Services (Wake)

Accessible Raleigh Transportation (ART) (919) 890-3459

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The city of Raleigh provides transportation services for person with disabilities. There are two levels of service:

Tier 1 service is available for permanent Raleigh residents who do not have a valid driver's license, and are identified as a person with a physical or mental disability.

Tier 2 service is available to persons who qualify under the Americans with Disabilities Act (ADA). Call for instructions on how to apply.

C-Tran (919) 481-2020, www.townofcary.org

The new fixed route system replaces the previous general public door-to-door service. Cary citizens who are disabled or at least 55 to 63 years old will continue to have the option of door-to-door services. \$2.00 each way in Cary; \$4.00 for out-of-town (Chatham, Durham, Orange or Wake Counties for work). Registered seniors and disabled passengers pay \$1.00 each way from 10:00am-3:00pm for trips in Cary. Children aged 6 years and younger ride free. Make a reservation to ensure a seat two hours to two weeks in advance.

Capital Area Transit (CAT) (919) 828-7228, 1430 and 214 S. Blount Street, Raleigh Resources for Seniors, Inc. (919) 872-7933 www.resourcesforseniors.com

1110 Navaho Drive #404 Raleigh – Limited medical transportation, nutrition site transportation and grocery shopping transportation available.

Traveler's Aid (Cornerstone) (919) 508-0777

220 Snow Avenue, Raleigh -- One-time assistance to displaced/stranded travelers when funds are available. Call before coming to Cornerstone to apply in order to see if funds are available. Must be able to contact someone on destination end to ensure willingness to accept traveler.

Triangle Transit Authority (TTA) (919) 485-7433, www.triangletransit.org 4600 Emperor Boulevard, Suite 100, Durham

Free vanpool matching available to the general public and regional bus service to Raleigh, Durham, Chapel Hill, RTP and RDU. Bus schedules available at Moore Square information booth. Offers direct airport shuttles from Regional Transfer Center

Wake County Transportation Center (919) 212-7005, www.wakegov.com 220 Swinburne Road, Raleigh